



SEPTEMBER 2024

UPPER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> 	<p>3</p> <p>Hard Shell Tacos</p> <p>Mexican Corn Spanish Rice</p>	<p>4</p> <p>Beef Stir Fry</p> <p>Fried Rice Egg Roll</p>	<p>5</p> <p>Fried Chicken</p> <p>Mac & Cheese Baked Beans Dinner Roll</p>	<p>6</p> <p>Beefaroni</p> <p>Green Beans Corn on the Cob Garlic Toast</p>
<p>9</p> <p>Hamburger Steak</p> <p>White Rice Brussel Sprouts Dinner Roll</p>	<p>10</p> <p>Chicken Fajitas</p> <p>Spanish Rice Mexican Corn</p>	<p>11</p> <p>Chicken & Dumpling</p> <p>Seasoned Squash Fried Okra Dinner Roll</p>	<p>12</p> <p>Baked Chicken</p> <p>Mash Potatoes Green Beans Dinner Roll</p>	<p>13</p> <p>Baked Fish</p> <p>Rice Pilaf Broccoli & Cauliflower Dinner Roll</p>
<p>16</p> <p>Swedish Meatballs</p> <p>Buttered Noodles Green Peas Dinner Roll</p>	<p>17</p> <p>Beef Enchiladas</p> <p>Spanish Rice Mexican Corn</p>	<p>18</p> <p>Andouille Sausage Over Rice</p> <p>Seasoned Squash Steamed Broccoli Dinner Roll</p>	<p>19</p> <p>Fried Chicken</p> <p>Mac & Cheese Candied Yams Dinner Roll</p>	<p>20</p> <p>Fried Fish</p> <p>Coleslaw Baked Beans Dinner Roll</p>
<p>23</p> <p>Baked Pork Chops</p> <p>Rice Pilaf Mixed Vegetables Dinner Roll</p>	<p>24</p> <p>Hard Shell Tacos</p> <p>Mexican Corn Spanish Rice</p>	<p>25</p> <p>Meatloaf</p> <p>Mash Potatoes Green Peas Dinner Roll</p>	<p>26</p> <p>Baked Chicken</p> <p>Scallop Potatoes Honey Carrots Dinner Roll</p>	<p>27</p> <p>Pasta Bar</p> <p>Steamed Broccoli Garlic Toast</p>
<p>30</p> <p>Country Fried Steak w/ Pepper Gravy</p> <p>Mash Potatoes Green Peas Dinner Roll</p>				

Menu items are subject to change without notice due to availability of item listed